

# BURN THE CALORIES

## WORK OFF THOSE HOLIDAY FEASTS!

Too many tinsel cookies? And let's not even talk about that delicious turkey or ham! Truth is we all gain a couple of pounds during the holidays, so why not burn some of it and encourage the kids to do the same! We'll set an indoor obstacle course and crank the music up for everyone to get moving!

**This event is for kids 12 and under, and their caregivers.  
No registration required.**



**Wednesday, Dec. 26th  
2:30PM - 4:00PM  
4th Floor Auditorium**



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