

# You Never Know, It May Be Like *Green Eggs and Ham*: Fostering Children's Healthy Eating Habits

Got a picky eater at home? Join us for a short storytime for the children, followed by a presentation for parents by Corey Wu-Jung, nutritionist from Shaping Elizabeth.



## January 25th at 6PM In the Children's Department



Shaping Elizabeth is a team composed of community leaders committed to improving the health and well-being of the residents of the City of Elizabeth by creating sustainable change to policies and environment with strategies to close the “Health Equity” gap that support improved health, nutrition and physical activity for all.



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