

# Mental Health Mondays

At Elizabeth Public Library

Every Monday  
Beginning August 13



Drop in: 10am-1pm  
2nd Floor

Your mental health is important.  
Mental Health Association of NJ will be  
at the library every week to provide  
free information & resources to all.  
All interactions will be confidential.

11 South Broad St., Elizabeth, NJ  
(908) 354-6060 | [www.elizpl.org](http://www.elizpl.org)



Mental Health  
Association  
in New Jersey, Inc.